

Masks for Hospital Personnel

Updated April 5, 2020

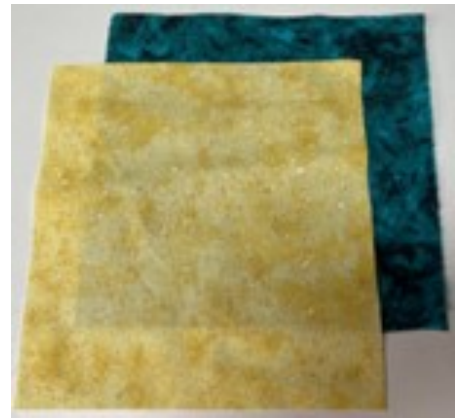
Unfortunately, these are **NOT** for protection against Covid 19 Virus transmission.

Supplies:

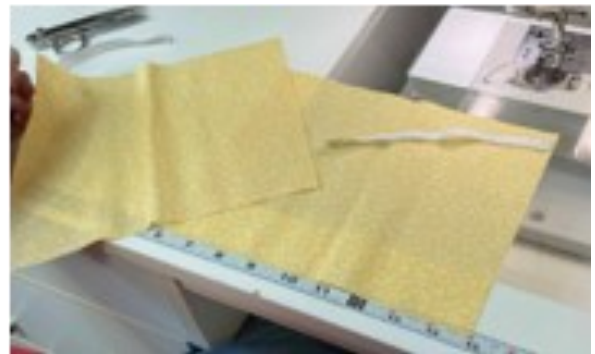
2 different pieces cotton fabric, 7x9"

2 pieces 1/4" elastic, 6 1/2"

(as of April 5, 2020 1/4" elastic is impossible to find in the United States)



Step 1: Lay out one piece of fabric right side up. The elastic will be sewn to the 7" side. Position one end of elastic about 3/8" from top of fabric, pin if desired.



Lay other piece of fabric on top. Start sewing, using 3/8" seam allowance.



When about 2/3 down, bring other end of elastic to bottom of fabric, being careful not to twist it, pin if desired.



Sew to corner.

Repeat elastic position and sewing on other 7" side.



Sew seam into one long side, keeping elastic free of stitching.

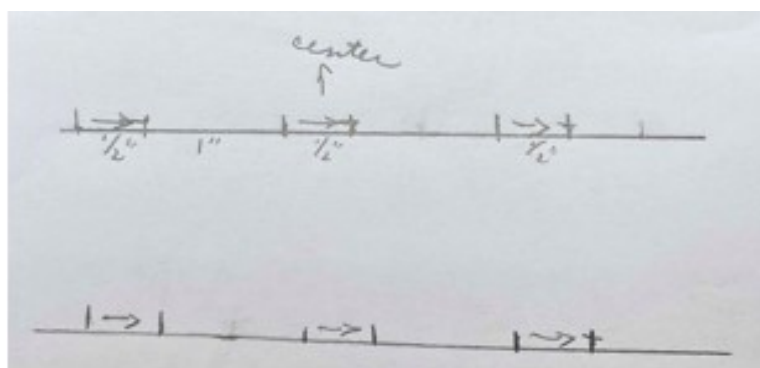


Turn right side out, poking out corners as needed. Reminder: bottom seam is still open.

Press, to flatten, but do not press elastic, as it will melt.



Pleat marking measurements. 1/2" pleat, 1" in between.



Favorite marking pen. Crayola Ultra-clean. Has washed out of every condition. Use color to contrast sufficiently with fabric. But, feel free to use y



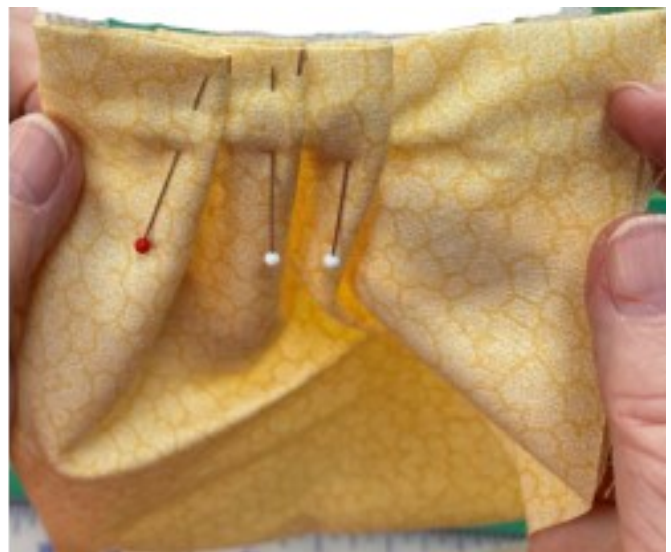
Mark pleat positioning onto each short side. (the one with the elastic)
Be sure to reverse markings for other side, so pleats go in the same direction.



Folding pleats.



Folded pleats. Be sure each side folds are the same direction.



Turn open seam to inside.
Start edge stitching.



Continue edgestitching completely around the mask, securely catching pleats too. A little extra backstitching on the elastic would be a good idea too.



Stay healthy! Stay home! Stay at least 6 feet apart.

Special thanks for sewing the needed masks in this critical situation.